

**WHERE
TO GO
WHEN YOU NEED
HELP**

2024/2025 EDITION

**WHERE TO GO
WHEN YOU NEED HELP
2024/2025 Edition**



**Dauphin County Board of Commissioners
George P. Hartwick, III
Justin Douglas
Mike Pries**

www.dauphincounty.gov

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ABUSE

(See also CHILD ABUSE, RAPE and WOMEN)

ACCESS YORK

(YWCA York)

York County's provider of comprehensive services to victims of violence in our community, with expertise in working with those impacted by domestic violence, sexual assault, and human trafficking.

800-262-8444

717-846-5400

717-637-2235 (Hanover)

Sexual violence hotlines

717-854-3131

www.ywcayork.org/victim-services

YWCA OF GREATER HARRISBURG

Violence intervention and prevention services. Provides comprehensive crisis and counseling services to victims of domestic violence and sexual assault, including a crisis hotline, individual and group counseling and medical and court accompaniments.

800-654-1211

717-234-7931

1101 Market St., Harrisburg

www.ywcahbg.org

CHILDLINE

State child abuse registry.

To report suspected child abuse or general child well-being concerns.

800-932-0313

DOMESTIC VIOLENCE

HOTLINES (By county)

ADAMS: 800-787-8106

CUMBERLAND: 800-852-2102

DAUPHIN: 800-654-1211

FRANKIN/FULTON: 800-621-6660

JUNIATA/MIFFLIN: 717-242-2444

LANCASTER: 717-299-1249

LEBANON: 866-686-0451,
717-273-7190

NORTHUMBERLAND/UNION/
SNYDER: 800-850-7948

PERRY: 800-852-2102

SCHUYKILL: 800-282-0634

YORK: 800-262-8444

PENNSYLVANIA COALITION AGAINST DOMESTIC VIOLENCE

A statewide collaborative membership

organization committed to ending intimate partner violence and all forms of violence against women.

National hotline

800-799-SAFE (7233)

Local number

717-545-6400

3605 Vartan Way, Suite 101,
Harrisburg

www.pcadv.org

**PRECIOUS HEARTS
FOUNDATION**

Aids victims of domestic abuse with temporary housing and other services.

877-731-2210

www.preciousheartsfoundation.org

ELDER ABUSE HOTLINE-PA.

To report abuse of elderly individuals or adults with disabilities.

800-490-8505

MIDPENN LEGAL SERVICES

Provides high quality free civil legal services to low-income residents and survivors of domestic violence and sexual assault in 18 counties in Central Pennsylvania.

Harrisburg office:

213-A N. Front St., Harrisburg

www.midpenn.org

For Help in Adams, Bedford, Berks, Blair, Centre, Clearfield, Cumberland, Dauphin, Franklin, Fulton, Huntingdon, Juniata, Lancaster, Lebanon, Mifflin, Perry, Schuylkill & York Counties: (800)326-9177
Administration Phone
(717)234-0492

**NATIONAL SEXUAL
ASSAULT HOTLINE**

800-656-HOPE (4673)

**NATIONAL SEXUAL
VIOLENCE
RESOURCE CENTER**

Provides information and tools to prevent and respond to sexual violence.

717-909-0710

877-739-3895

2101 N. Front St., Building 2,
Harrisburg

www.nsvrc.org

**PENNSYLVANIA COALITION
AGAINST RAPE**

Works to end sexual violence and advocates for the rights and needs of sexual assault victims.

888-772-7227 (24-hour hotline)

717-728-9740

800-692-7445

2101 N. Front St., Building 2,
Harrisburg

www.pcar.org

**SEXUAL ASSAULT
RESOURCE & COUNSELING
CENTER**

Prevents sexual violence and promotes healing for those impacted.

717-270-6972 (hotline Lebanon)

570-628-2965 (hotline Schuylkill)

615 Cumberland St., Lebanon

Schuylkill Office:

17 Westwood Centre, Pottsville

www.sarcclebanon.org

**YWCA OF CARLISLE –
SEXUAL ASSAULT/RAPE
CRISIS SERVICES
OF CUMBERLAND COUNTY**

888-727-2877

301 G Street, Carlisle

www.ywcacarlisle.org

**ADOPTION AND
FOSTER SERVICES**

**ADOPTIONS FROM THE
HEART**

Mission is to provide safe, loving homes for children and offer comprehensive, high-quality services to adoptive families, birth parents, and children.

888-918-9893

Central Pennsylvania office

717-399-7766 www.afth.org

5630 Linglestown Rd. Suite 3012

Harrisburg, PA 17112

CATHOLIC CHARITIES

Assists birthparents, adoptive families and children with adoptions that meet the needs of all three groups.

717-657-4804

4800 Union Deposit Road,

Harrisburg, PA

www.cchbg.org

**COMMON SENSE ADOPTION
SERVICES**

A licensed, non-profit adoption and foster care agency.

717-412-0772

800-445-2444

1215 Manor Dr. Suite 206

Mechanicsburg, PA 17055

www.commonsenseadoption.org

**DIAKON ADOPTION &
FOSTER CARE**

1-877-342-5667

717-795-0320

960 Century Dr Suite 101

Mechanicsburg PA 17055

www.diakon.org

**JEWISH FAMILY SERVICE
OF GREATER HARRISBURG
INC.**

717-233-1681

3333 N. Front St., Harrisburg

www.jfsofhbg.org

**PENNSYLVANIA STATE
RESOURCE FAMILY
ASSOCIATION**

Advocates for all those who care about

children and their families.

800-951-5151

PO Box 60216, Harrisburg 17106

www.psrfa.org

SWAN (Statewide Adoption and Permanency Network)

A broad-based cooperative effort and a centralized information and facilitation service funded and overseen by the Pennsylvania Department of Human Services.
800-585-7926
www.adoptpakids.org

UNITED METHODIST HOME FOR CHILDREN INC.

An affiliate of the Statewide Adoption and Permanency Network
717-766-7652
5120 Simpson Ferry Rd.
Mechanicsburg PA 17050
www.umhc.org

AIDS

AIDS FACTLINE (PENNSYLVANIA)
800-662-6080

ALDER HEALTH SERVICES

Improves the health and well-being of individuals living with HIV/AIDS and members of the LGBTQ community by providing a culturally competent and affirming environment.
717-233-7190
100 N. Cameron St., Suite 201,
Harrisburg
www.alderhealth.org

CENTER FOR DISEASE CONTROL AND PREVENTION

800-CDC-INFO (800-232-4636)
TTY: 888-232-6348
www.cdc.gov/hiv

FAMILY HEALTH COUNCIL OF CENTRAL PA.

Funds eight agencies that provide supportive services, HIV interventions, prevention education, and housing for people living with HIV and their families.
717-761-7380
www.fhccp.org

THE HOPE PROGRAM

Provides expert HIV care and support in a confidential community setting. Part of Hamilton Health Center.
717-230-3949
110 S. 17th St., Harrisburg

UPMC PINNACLEHEALTH – REACCH

Offers free and confidential HIV testing as well as primary HIV care and treatment for men, women and adolescents.
717-782-2750
2501 N. Third St., second floor,
Harrisburg

ALCOHOL PROBLEMS

(See also DRUG PROBLEMS)

CONTACT HELPLINE

24/7 information and referral service

800-932-4616

717-652-4987 (Harrisburg office)

Dial 2-1-1

www.contacthelpline.org

ADDICTION HOPE AND HELP LINE

800-277-8616

ALCOHOLICS ANONYMOUS

A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The Central Service Office is located in the Fellowship House, 1251 S. 19th St., Harrisburg.

717-234-5390

www.aaharrisburg.org

ALCOHOLICS AND NARCOTICS HELPLINE

717-238-5920

AL-ANON/ALATEEN

For information on where to find a local meeting:

888-425-2666

www.pa-al-anon.org

BABY LOVE

Provides free services designed to meet the physical, emotional and social needs of individuals who are struggling with addictions.

Program is part of Hamilton Health Center.

866-530-2229

1105 17th St.

Harrisburg PA 17104

www.babylove.hamiltonhealthcenter.com

BETHESDA MISSION

Helps lives affected by drug and alcohol addiction.

611 Reily St. Harrisburg (Men's Mission House)

717-257-4440

717-257-4447 (Women's shelter)

www.bethesdamission.org

COLONIAL PARK HOUSE

Offers recovery residences for men and women.

717-961-5450

www.colonialparkiop.com

DAUPHIN COUNTY DEPARTMENT OF DRUG & ALCOHOL SERVICES

Serves those affected with substance use problems by providing high quality prevention, intervention and treatment services in Dauphin County.

717-635-2254

1100 S. Cameron St., Harrisburg

www.dauphincounty.gov

DAYSTAR CENTER FOR SPIRITUAL RECOVERY

A community based residential treatment facility for men recovering from substance use disorders.
717-230-9898
125 N. 18th St., Harrisburg
www.daystarrecovery.com

EVERGREEN HOUSE

(Catholic Charities)
Provides a safe, secure, nurturing environment for women recovering from addiction.
717-412-4594
120 Willow Road, Suite B, Harrisburg
www.cchbg.org

GAUDENZIA-HARRISBURG

Helps people affected by drug and alcohol dependency, mental illness and related conditions to achieve a better quality of life and become accountable individuals.
Gaudenzia Common Ground offers assessment and detoxification services at 3740 Chambers Hill Road, Harrisburg
717-238-4200
888-237-8984
www.gaudenzia.org

JUST FOR TODAY RECOVERY VETERANS SUPPORT SERVICES

Provides safe, structured and compassionate housing for those seeking recovery, as well as providing addiction education and advocacy for the recovery community in central Pennsylvania.
717-695-6243
300 Market St., Lemoyne
www.jft-rvss.org

LIFEPATH CHRISTIAN MINISTRIES

Offers a life transformation program for those who sincerely want to beat their addictions.
717-845-7662
363-373 West Market Street, York
www.lifepathyork.org

MOTHERS AGAINST DRUNK DRIVING (MADD)

Mission is to end drunk driving, help fight drugged driving, support the victims of these violent crimes, and prevent underage drinking.
Pennsylvania office:
610-825-4902
1-877-623-3435
www.madd.org/pennsylvania

**PENNSYLVANIA
DEPARTMENT
OF DRUG AND ALCOHOL
PROGRAMS.**

Mission is to engage, coordinate and lead the Commonwealth of Pennsylvania's effort to prevent and reduce drug, alcohol and gambling addiction and abuse; and to promote recovery, thereby reducing the human and economic impact of the disease.

800-662-4357

www.ddap.pa.gov

PERRY HUMAN SERVICES

Offers drug and alcohol assessment services and referrals for treatment.

717-582-8703

Mulhollem Office Centre
8391 Spring Road, New
Bloomfield

www.perryhumanservices.org

THE RASE PROJECT

Mission is to assist all those individuals affected by substance use issues, problems and concerns by fostering progress, enriching lives, and ultimately enhancing the recovery process.

717-232-8535

100 N. Cameron St.,
Suite 401-E, Harrisburg

www.raseproject.org

BREAST CANCER

**FEEL YOUR BOOBIES
FOUNDATION**

Promotes proactive breast health in young women through strategic education and outreach programs.

717-836-0858

4801 Lindle Road, Harrisburg

www.feelyourboobies.com

**NATIONAL CANCER
INSTITUTE**

800-422-6237

www.cancer.gov

**PENNSYLVANIA BREAST
CANCER COALITION**

Supports and serves breast cancer survivors and their families in Pennsylvania through educational programming, legislative advocacy and breast cancer research grants.

800-377-8828

2397 Quentin Road, Suite B,
Lebanon

www.pabreastcancer.org

**SUSAN G. KOMEN FOR THE
CURE**

Saves lives by meeting the most critical needs in communities and investing in breakthrough research to prevent and cure breast cancer.

877-GO-KOMEN (465-6636)

www.komen.org

PROSTATE CANCER

AMERICAN CANCER SOCIETY

800-227-2345

www.cancer.org

CANCER TREATMENT CENTERS OF AMERICA

877-769-0823

www.cancercenter.com

BULLYING

PENNSYLVANIA YOUTH CONGRESS

Pennsylvania's first and only statewide LGBTQ youth advocacy organization.

717-743-1035

413 Walnut St., Harrisburg

www.payouthcongress.org

CHILD ABUSE

TO REPORT CHILD ABUSE

To report suspected child abuse or general child well-being concerns.

800-932-0313

ASSOCIATION OF SITES ADVOCATING CHILD PROTECTION

Non-profit organization dedicated to online child protection.

www.asacp.org

CHILD HELP

Helps victims of child abuse and neglect through prevention, intervention and treatment.

800-422-4453

www.childhelp.org

OFFICE OF THE VICTIM ADVOCATE

Represents the interests of crime victims.

800-563-6399

TTY: 877-349-1064

1101 S. Front St., Suite 5200,
Harrisburg

www.ova.pa.gov

PENNSYLVANIA COALITION AGAINST RAPE

Help for victims of sexual abuse, including information, referrals and resources.

888-772-7227 (24-hour hotline)

717-728-9740

2101 N. Front St., Building 2,
Harrisburg

www.pcar.org

PENNSYLVANIA FAMILY SUPPORT ALLIANCE

Provides education, support, and training

programs to make Pennsylvania safe for children.

717-238-0937

800-448-4906

2000 Linglestown Road, Suite
301, Harrisburg

www.pa-fsa.org

**UPMC PINNACLE HEALTH
CHILDREN'S RESOURCE
CENTER**

A child advocacy center dedicated to reducing the trauma and aftermath of abuse for children and their families.

717-782-6800

717-675-7086

2645 N. Third St., Harrisburg
618 Cornwall Road, Building 3,
Lebanon

www.pinnaclehealth.org/crc

CHILDREN

(See also MEDICAL, MENTORS,
PARENTING & TEENS)

4-H PROGRAMS

4-H is a community of young people who are learning leadership, citizenship and life skills. Information at the following counties:

Cumberland

717-240-6500

Dauphin

717-921-8803

Lancaster

717-394-6851

Lebanon

717-270-4391

Perry

717-582-5150

York

717-840-7408

www.extenison.psu.edu

**ASERT AUTISM RESOURCE
CENTER**

Designed to bring together existing resources for families, providers, and self-advocates, and allow them to access a broad array of information to help meet the needs of those living with or serving people with autism.

877-231-4244

www.paautism.org

**AUTISM SOCIETY,
GREATER HARRISBURG
AREA CHAPTER**

Promotes opportunities for individuals with Autism Spectrum Disorders (ASD) to participate in the same valued life experiences as do other citizens.

800-244-2425, ext. 8408

717-732-8408

PO Box 101, Enola.

www.autismharrisburg.org

**BETHESDA MISSION
COMMUNITY (YOUTH)
CENTER**

Develops meaningful relationships with children, teens, and families in the Harrisburg area.

1438 Herr St., Harrisburg

717-257-5483

www.bethesdamission.org

BOYS AND GIRLS CLUB OF HARRISBURG

Serves as a neighborhood-based organization committed to serving youth of all backgrounds in developing self-esteem and character and to help them become responsible citizens by providing physical, recreational, social, educational and vocational programs.

www.bgchbg.org 717-234-3268
1227 Berryhill Street, Harrisburg
1700 Hanover St., Harrisburg
717-232-1711, 717-512-2833
1313 Monroe St., Harrisburg

BRIDGES 4 LIFE (Tri-County Community Action)

A community-based prevention program for at-risk young adults ages 15-21 to help identify, access, build, and apply resources for success in school, work and life.

717-232-9757
1514 Derry St., Harrisburg
www.cactricounty.org

CAITLIN’S SMILES

Helps children facing chronic or life-threatening illnesses through distribution of arts and crafts kits.

717-412-4759
3303 N. Sixth St., Harrisburg
www.caitlins-smiles.org

CAPITAL AREA HEAD START

Gives children a head start in life, empowers parents and strengthens families.

717-541-1795
www.keystonehumanservices.org/capital-area-head-start

CHILDREN’S HEALTH INSURANCE PROGRAM (CHIP)

Provides health insurance to uninsured children and teens who are not eligible for or enrolled in Medical Assistance.

800-986-KIDS (5437)
www.chipcoverspakids.com

CHILD FIND OF AMERICA

Provides services designed to prevent and resolve child abduction and the family conflicts that can lead to abduction and abuse.

800-I-AM-LOST (800-426-5678)
www.childfindofamerica.org

CHILDREN’S HOME OF YORK

Empowers children to thrive, strengthens families and enriches communities.

717-755-1033
77 Shoe House Road, York
www.childrenhomeofyork.org

CHILDREN AND YOUTH SERVICES CUMBERLAND COUNTY

Provides professional social services to protect the safety and welfare of children; preserve, support and strengthen the family; and identify alternative care, a safe environment and a permanent home for those children unable to remain in their home

717-240-6120

888-697-0371

16 W. High St., Suite 200, Carlisle

CHILDREN & YOUTH OF DAUPHIN COUNTY

Dedicated to the health, safety and welfare of children and families.

717-780-7200

1001 N. Sixth St., Harrisburg

www.dauphincounty.gov

COMMUNITY CHECK UP-CENTER

A community based non-profit organization working in partnership with the community to improve the health and wellness of low-income women and children through high quality compassionate care.

717-233-1700

38C Hall Manor

www.communitycheckupcenter.org

EARLY LEARNING RESOURCE CENTERS

(Pennsylvania Department of Human Services)

CCIS agencies provide you and your family with information on quality child care and personalized child care referrals to child care providers based on your specific needs or preferences.

Cumberland/Dauphin/Lebanon/Perry counties

717-210-3334

800-864-4925

www.childcareconsultants.org

FAMILY HEALTH COUNCIL OF CENTRAL PA.

Works with hospitals, federally funded community health centers, free-standing clinics, direct-service agencies, WIC centers, HIV/AIDS service organizations, and other community-based organizations to provide services to thousands, who might otherwise go without needed care.

717-761-7380

www.fhccp.org

**GREATER HARRISBURG
HEALTHY START**

(Program of Hamilton Health
Center)

Mission is to improve the health
and well-being of pregnant and
postpartum women, their babies,
families and the community by
providing comprehensive
supportive services in the
communities where they live.

717-909-1278

110 S. 17th St., Harrisburg

www.harrisburghealthystart.com

HOLDING HOPE

Works to support families of
children with life-threatening
illnesses being treated at Penn
State Hershey Children's Hospital
717-649-8126

www.holdinghope.org

**KEYSTONE AUTISM
SERVICES**

Provides services for children and
adults with autism spectrum
disorders. 717-220-1465

[www.keystonehumanservices.org/
autism-services](http://www.keystonehumanservices.org/autism-services)

**LANCASTER INTENSIVE
DAY TREATMENT**

(Catholic Charities)

Serves at-risk youth from nine to
15 who possess significant
emotional and behavioral health
needs. 717-295-9630

47 S. Mulberry St., Lancaster
www.cchbg.org

MYNDWORKS COUNSELING
(Jewish Family Service of Greater
Harrisburg)

Offers innovative and effective
programs to support children and
adults going through a difficult
period in life.

717-233-1681

3333 N. Front St., Harrisburg

www.jfsofhbg.org

**NATIONAL CENTER FOR
MISSING**

& EXPLOITED CHILDREN

800-843-5678

www.missingkids.org

**NEIGHBORHOOD CENTER
OF THE UNITED
METHODIST CHURCH**

Serves a multi-ethnic uptown
neighborhood, as well as the total
Harrisburg community, with
educational, cultural, social
service, basic needs, leadership,
and recreational programs for
children and their families.

717-233-6541

1801 N. Third St., Harrisburg

www.neighborhoodcenterumc.org

NEW HOPE MINISTRIES

Youth programs provide assistance with homework, life skills, recreation, educational activities, and community service activities while promoting positive behavior and values. Has centers in Dillsburg, Dover, Hanover, Mechanicsburg, New Oxford and West Shore (Lemoyne).

717-432-2087

99 W. Church St., Dillsburg

www.nhm-pa.org

**NORTHERN DAUPHIN
HUMAN SERVICES CENTER**

Children and Youth services, Probation, Area Agency on Aging, CMU, Drug and Alcohol Services
717-905-2700

877-893-3344

295 State Drive, Elizabethville

www.dauphincounty.gov

**PENN STATE HEALTH
PEDIATRIC TRAUMA
AND INJURY PREVENTION**

Only Level I pediatric trauma center serving the 10-county area of southcentral Pennsylvania. Manages children's serious, sudden injuries.

717-531-7233

600 University Dr.

Hershey PA 17033

**PENNSYLVANIA STATE
RESOURCE FAMILY
ASSOCIATION**

Advocates for all those who care about

children and their families.

800-951-5151

PO Box 60216

Harrisburg PA 17106

www.psrfa.org

PRESSLEY RIDGE

Programming helps to rebuild communities and families who are facing difficult challenges and complex situations.

717-774-3673

50 Utley Dr Suite 200

Camp Hill PA 17011

www.pressleyridge.org

**RONALD MCDONALD
HOUSE**

Keeps children and families together by providing temporary housing at no charge to out-of-town families of seriously ill children who are being treated at Penn State Children's Hospital.

717-533-4001

745 W. Governor Road, Hershey

www.rmhc-centralpa.org

**SPECIAL KIDS NETWORK
HELP PA**

(Pennsylvania Department of Health)

Helps children and youth with special health care needs and disabilities get the services and support they require in order to thrive in their community and develop to their full potential.

800-986-4550

**UNITED METHODIST HOME
FOR CHILDREN INC.**

Provides community-based care services to youth and families in need in central and southeastern Pennsylvania. Youth ages 12-20 receive safe housing, emotional and educational support, food, clothing, medical and behavioral healthcare, counseling, and more in a family-like atmosphere.

717-766-7652

5120 Simpson Ferry Road
Mechanicsburg

www.umhcservices.com

**UPMC PINNACLEHEALTH
CHILDREN AND TEEN
CENTER**

717-782-4650

2645 N. Third St., second floor,
Harrisburg

WIC

A federally funded program that provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods.

800-WIC-WINS (942-9467)

www.pawic.com

717-230-3979

**YORK COUNTY CHILDREN,
YOUTH, AND FAMILIES**

717-846-8496

800-729-922-7100

W. Market St., Suite 402, York

**YOUTH ADVOCATE
PROGRAMS, INC.**

One of the largest non-profit agencies providing exclusively non-residential, community-based programs.

2030 N. Third St., Harrisburg

717-232-3150

www.yapinc.org

**CONSUMER
PROTECTION**

(See also EMERGENCY HELP
& HEATING ASSISTANCE)

BETTER BUSINESS BUREAU

Harrisburg branch

717-364-3250

1337 N. Front St., Harrisburg

www.bbb.org

COMMUNITY JUSTICE PROJECT

Helps low-income consumers protect themselves from abusive practices by lenders, banks, debt collectors and others.

800-322-7572

717-236-9486

118 Locust St., Harrisburg

www.communityjusticeproject.org

CONSUMER ADVOCATE

Represents Pennsylvania consumers

regarding matters of their utility service.

800-684-6560

Office of Consumer Advocate

555 Walnut St., 5th Floor,

Forum Place, Harrisburg

www.oca.state.pa.us

FEDERAL TRADE COMMISSION

Protects consumers and competition by preventing anticompetitive, deceptive, and unfair business practices through law enforcement, advocacy, and education without unduly burdening legitimate business.

877-FTC-HELP (382-4357)

www.consumer.ftc.gov

FLOOD INSURANCE INFORMATION

Help center

National Flood Insurance Program

800-427-4661

www.floodsmart.gov

PENNSYLVANIA ATTORNEY GENERAL'S OFFICE

Bureau of Consumer Protection

717-787-9707

800-441-2555

Consumer Health Care Section

Helps Pennsylvanians secure the treatment they need, aims to protect the public from unfair health care business practices, and helps shape Pennsylvania's policies in favor of the consumer.

PENNSYLVANIA DEPARTMENT OF BANKING AND SECURITIES

Regulates financial services and works to ensure consumers and businesses are well informed about the marketplace. Can file a complaint form online.

800-722-2657

www.dobs.pa.gov

PENNSYLVANIA INSURANCE DEPARTMENT

877-881-6388

www.insurance.pa.gov

**PENNSYLVANIA PUBLIC
UTILITY COMMISSION
(PUC)**

Balances the needs of consumers and utilities; ensures safe and reliable utility service at reasonable rates; protects the public interest; educates consumers to make independent and informed utility choices; furthers economic development; and fosters new technologies and competitive markets in an environmentally sound manner
Utility customer hotline
800-692-7380
400 North St., Keystone Building,
Harrisburg
www.puc.pa.gov

TELEMARKETERS

To register your phone number on the Do-Not-Call list at no cost:
www.donotcall.gov

DISABILITIES

**THE ARC OF CUMBERLAND
AND PERRY COUNTIES**

Mission is to empower, inspire and educate people with intellectual and developmental disabilities, their families, and the community.
717-249-2611
71 Ashland Ave., Carlisle
www.cparc.org

**THE ARC OF DAUPHIN
COUNTY**

Mission is to enhance quality of life and community integration for individuals with special needs.
717-920-2727
3544 N Progress Ave Suite 205
Harrisburg PA 17110
www.arcofdc.org

**BELL SOCIALIZATION
SERVICES**

Mission is to provide an environment of support and empowerment where people can improve their quality of living.
717-848-5767
160 S. George Street, York
www.bellsocialization.com

**CENTER FOR INDEPENDENT
LIVING OF CENTRAL PA**

Mission is to eliminate and prevent barriers that people with disabilities experience by providing ongoing advocacy and offering innovative programs and services.
717-731-1900
Living well hotline
877-865-4893
3211 N. Front St. Harrisburg, PA
17110
www.cilcp.org

EASTER SEALS

South Central Pennsylvania
Provides exceptional programs and services to ensure that people with disabilities or other special needs and their families have equal opportunities to live, learn, work and play in their communities.

South Central PA:

717-741-3891

2550 Kingston Rd Suite 219

York PA 17402

www.easterseals.com/wcpenna

GOODWILL KEYSTONE AREA

Works to support persons with disabilities and other barriers to independence in achieving their full potential as workers and as members of the broader community.

717-232-1831 www.yourgoodwill.org

800-432-GIVE

1150 Goodwill Drive, Harrisburg

KEYSTONE HUMAN SERVICES

Mission is to act as a change agent, creating opportunities for growth and meaningful life choices so that all people

can be valued and contributing members of their communities.

717-232-7509

www.keystonehumanservices.org

PARENT TO PARENT OF PENNSYLVANIA

Links families of children and adults with disabilities or special needs.

188-727-2706

www.parenttoparent.org

SPECIAL KIDS NETWORK HELP PA

(Pennsylvania Department of Health)

Helps children and youth with special health care needs and disabilities get the services and support they require in order to thrive in their community and develop to their full potential.

800-986-4550

UNITED CEREBRAL PALSY CENTRAL PA

Meets the needs of individuals of all ages with all types of disabilities and special needs, at every stage of life - from pediatric to geriatric.

717-737-3477

55 Utley Drive, Camp Hill

www.ucpcentralpa.org

VISION RESOURCES OF CENTRAL PENNSYLVANIA

Mission is to facilitate independence, enrich the quality of life, and empower individuals who are visually impaired or otherwise disabled through prevention, employment and educational awareness programs.

717-238-2531

1130 S. 19th St., Harrisburg

www.vrocp.org

WORKS FOR ME

A free resource that can direct you to agencies and programs that help people with disabilities in Pennsylvania who want to work and improve their financial security.

www.worksforme-pa.org

DRUG PROBLEMS

(See also ALCOHOL PROBLEMS)

CONTACT HELPLINE

Information and referral service
800-932-4616 or 2-1-1

www.contacthelpline.org

COLONIAL PARK HOUSE

Offers recovery residences for men and women.

717-825-5919

www.colonialparkiop.com

ADVANCEMENT IN RECOVERY PROGRAM

(Pennsylvania Psychiatric Institute)

Offers a comprehensive medication assisted treatment program for individuals struggling with opioid use disorder.

717-782-6420

2501 N. Third St., Harrisburg

BABY LOVE

Provides free services designed to meet the physical, emotional, and social needs of individuals who are struggling with addictions.

Program is part of Hamilton Health Center.

866-530-2229

www.babylove.hamiltonhealthcenter.com

BEHAVIORAL HEALTH TREATMENT SERVICES LOCATOR

An on-line source of information for persons seeking treatment facilities in the United States or U.S. territories for substance abuse/addiction and/or mental health problems.

800-662-4357

www.findtreatment.samhsa.gov

**DAUPHIN COUNTY
DEPARTMENT OF DRUG &
ALCOHOL SERVICES**

Serves those affected with substance use problems by providing high quality prevention, intervention and treatment services in Dauphin County.

717-635-2254

1100 S. Cameron St., Harrisburg

www.dauphincounty.gov

See Drug and Alcohol link

**DAYSTAR CENTER FOR
SPIRITUAL RECOVERY**

A community based residential treatment facility for men with substance use disorders.

717-230-9898

125 N. 18th St., Harrisburg

www.daystarrecovery.com

EVERGREEN HOUSE

(Catholic Charities)

Provides a safe, secure, nurturing environment for women recovering from addiction.

120 Willow Road, Suite B,

Harrisburg

717-412-4594

www.cchbg.org

NARCOTICS ANONYMOUS

To find a meeting.

www.na.org

NAR-ANON FAMILY GROUP

A 12-step program for families and friends of addicts. Meeting information:

www.nar-anon.org

GAUDENZIA-HARRISBURG

Helps people affected by drug and alcohol dependency, mental illness and related conditions to achieve a better quality of life and become accountable individuals.

Gaudenzia Common Ground offers assessment and detoxification services at

3740 Chambers Hill Road,

Harrisburg.

717-238-4200

www.gaudenzia.org

**JUST FOR TODAY
RECOVERY VETERANS
SUPPORT SERVICES**

Provides safe, structured and compassionate housing for those seeking recovery, as well as providing addiction education and advocacy for the recovery community in central Pennsylvania.

717-695-6253

300 Market St., Lemoyne

www.jft-rvss.org

OPIOID PROBLEMS

Pennsylvania helpline

800-662-HELP (4357)

Also:

www.overdosefreepa.pitt.edu

**PENNSYLVANIA
DEPARTMENT OF DRUG
AND ALCOHOL PROGRAMS.**

Mission is to engage, coordinate and lead the Commonwealth of Pennsylvania's effort to prevent and reduce drug, alcohol and gambling addiction and abuse; and to promote recovery, thereby reducing the human and economic impact of the disease.

800-662-HELP

www.ddap.pa.gov

PERRY HUMAN SERVICES

Offers drug and alcohol assessment services and referrals for treatment.

717-582-8703

Mulhollem Office Centre
8391 Spring Road, New
Bloomfield

www.perryhumanservices.org

THE RASE PROJECT

Mission is to assist all those individuals affected by substance use issues, problems and concerns by fostering progress, enriching lives, and ultimately enhancing the recovery process.

717-232-8535

100 N. Cameron St.,
Suite 401-E, Harrisburg

www.raseproject.org

EATING DISORDERS

CONTACT HELPLINE

Information and referral service

800-932-4616

www.contacthelpline.org

**NATIONAL ASSOCIATION
OF ANOREXIA NERVOSA
AND ASSOCIATED
DISORDERS**

ANAD is the oldest organization aimed at fighting eating disorders in the United States. ANAD assists people struggling with eating disorders and provides resources for families, schools and the eating disorder community.

888-375-7767

www.anad.org

**NATIONAL EATING
DISORDERS ASSOCIATION**

Supports individuals and families affected by eating disorders, and serves as a catalyst for prevention, cures and access to quality care.

800-931-2237

www.nationaleatingdisorders.org

OVEREATERS ANONYMOUS

Primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer. www.oa.org

505-891-2664

**PENN STATE HERSHEY
EATING DISORDERS
PROGRAM**

Offers a full range of treatment for children, teens and adults with eating disorders, including anorexia nervosa (very low weight, fear of gaining weight and/or starvation); bulimia nervosa (binge eating followed by forced vomiting or extreme exercise); and related eating disorders.
717-531-2099

**EDUCATION FOR
ADULTS**

(See also MENTORING)

**CENTRAL PENNSYLVANIA
LITERACY COUNCIL**

Committed to improving the literacy of all adults in Cumberland and Dauphin counties.
717-763-7522
225 Hummel Ave., Lemoyne
www.cplc-adultliteracy.blogspot.com

**EMPLOYMENT SKILLS
CENTER**

Helps people achieve personal growth and job betterment through education and training.
717-243-6040
29 S. Hanover Street, Carlisle
www.employmentskillscenter.org

**LITERACY COUNCIL OF
LANCASTER-LEBANON**

Provides opportunities for lifelong learning and learning for life.
243 Schneider Drive, Lebanon
717-274-2554
407 Lafayette St., Lancaster
717-295-5523
www.getliterate.org

**PENN STATE EXTENSION
OFFICES**

A modern educational organization dedicated to delivering science-based information to people, businesses, and communities.

Cumberland County
717-240-6500

Dauphin County
717-921-8803

Lancaster County
717-394-6851

Lebanon County
717-270-4391

Perry County
717-582-5150

York County
717-840-7408
www.extension.psu.edu

**PENNSYLVANIA
COMMONWEALTH
WORKFORCE
DEVELOPMENT SYSTEM**

Provides access to Pennsylvania workforce development and independent living services provided by the Departments of Labor & Industry and Human Services.

Capital Region:
717-783-3270 www.cwds.pa.gov
100 N. Cameron St., Suite 101,
Harrisburg
717-243-4431
1 Alexandra Court, Carlisle

**PERRY COUNTY LITERACY
COUNCIL**

Mission is to provide educational programs for Perry County residents and their families that will enable them to better function as productive, responsible citizens.

133 S. Fifth St., Newport
717-567-7323
866-781-7323
www.perryliteracy.com

**PROBE (Potential Reentry
Opportunities in Business and
Education)**

Offers career development and financial literacy programs to help participants build self-esteem and achieve economic self-sufficiency.

Tri-county office (Dauphin, Cumberland and Perry counties):
717-939-2260

Lebanon office (also serves western Berks County): 717-273-2090

www.probepa.org

**TRI-COUNTY COMMUNITY
ACTION**

In Self-Sufficiency Program, clients are paired with case managers who will help to set goals, identify challenges, and map a course to success, all while focusing on strengths and skill building along the way.

717-232-9757

1514 Derry Street, Harrisburg
www.cactricounty.org

**TRI-COUNTY OIC ADULT
LEARNING CENTER**

Offers recruitment, outreach, basic literacy skills, training, vocational skills training, job development, counseling, and placement services to hundreds of students each year.

717-238-7318

500 Maclay St., Harrisburg
www.tricountyoic.org

YORK COUNTY LITERACY COUNCIL

Literacy services for adults
717-845-8719
1416 6th Avenue, York
www.yorkliteracy.org/public

YW-WORKS EMPLOYMENT PROGRAM

(YWCA of Greater Harrisburg)
Offers skills assessment, training and help with attaining employment
717-234-7931
1101 Market St., Harrisburg
www.ywcahbg.org

EMERGENCY HELP

(See also CONSUMER PROTECTION, HEATING ASSISTANCE, MENTAL HEALTH AND SHELTERS)

AMERICAN RED CROSS OF THE SUSQUEHANNA VALLEY

866-311-3832
1804 N. Sixth St., Harrisburg
www.redcross.org

CONTACT HELPLINE

Information and referral service
800-932-4616
www.contacthelpline.org

COUNTY ASSISTANCE OFFICES

Cumberland County
800-269-0173
33 Westminster Drive, Carlisle
Dauphin County
800-788-5616
2432 N. Seventh St., Harrisburg
Lancaster County
717-299-7411
832 Manor St., Lancaster
Lebanon County
800-229-3926
625 S. Eighth St., Lebanon
Perry County
800-991-1929
100 Centre Drive, New Bloomfield
York County
800-991-0929
130 N. Duke St., York

CRISIS INTERVENTION SERVICES

(Dauphin County)
24-hour emergency mental health services.
888-596-4447
717-232-7511
100 Chestnut St., Harrisburg

CRISIS INTERVENTION SERVICES

(Cumberland/Perry counties)
Provides psychiatric or mental health emergency assistance, 24 hours a day, 7 days a week.
717-763-2222, 717-243-6005
All other areas, 866-350-HELP (4357)

**HELP MINISTRIES OF
CHRISTIAN CHURCHES
UNITED**

Emergency services include emergency shelter, rent assistance, home heating fuel, travel and prescription assistance.

717-230-9550

413 S. 19th Street, Harrisburg

www.ccuahbg.org

LIHEAP

Pennsylvania Low Income Home Energy Assistance Program Hotline.

Offers financial help to households suffering from heating crises.

866-857-7095

Can apply for benefits online at

www.compass.state.pa.us

**NATIONAL COALITION FOR
HOMELESS VETERANS**

Resource and technical assistance center for a national network of community-based service providers and local, state and federal agencies that provide emergency and supportive housing, food, health services, job training and placement assistance, legal aid and case management support for hundreds of thousands of homeless veterans.

877-424-3838 (24/7 crisis hotline)

www.nchv.org

NEW DIGS MINISTRY

Assists those who are disadvantaged when making life's most sensitive decisions. Need a referral.

Open 9 a.m. to 12 p.m., Monday, Wednesday, Friday; and 9 a.m. to 12 p.m. second Saturday of month.

717-620-9735

5 Pleasant View Drive,
Mechanicsburg

www.newdigsministry.org

NEW HOPE MINISTRIES

Provides a variety of assistance for families in Dillsburg, Dover, Hanover, Mechanicsburg, New Oxford and the West Shore.

99 W. Church St., Dillsburg
(administrative office)

717-432-2087

www.nhm-pa.org

**PENNSYLVANIA
DEPARTMENT OF HUMAN
SERVICES**

www.dhs.pa.gov

**PENNSYLVANIA
TEMPORARY ASSISTANCE
FOR NEEDY FAMILIES**

Designed to help needy families achieve self-sufficiency.

800-692-7462

**VICKIE'S ANGEL
FOUNDATION**

Helps families fighting cancer who have difficulties paying their bills during the challenging times of undergoing cancer treatments.

717-774-3800

www.vickiesangelfoundation.org

**ETHNIC/RACIAL
DISCRIMINATION
OR INTIMIDATION**

**ANTI-DEFAMATION
LEAGUE**

Mission is to stop the defamation of Jewish people, and to secure justice and fair treatment for all.

www.adl.org

**COMMUNITY JUSTICE
PROJECT**

Works to protect the Constitutional rights of all people.

800-322-7572

717-236-9486

118 Locust St., Harrisburg

www.communityjusticeproject.org

**FAIR HOUSING COUNCIL OF
THE CAPITAL REGION INC.**

Mission is to provide comprehensive services that affirmatively address and promote fair housing rights and further other housing opportunities for all persons without regard to race, color, national origin, religion, sex, family status, presence of children, disability, ancestry, marital status or other arbitrary factors.

717-238-9540

2100 N. Sixth St., Harrisburg

www.pafairhousing.org

**PENNSYLVANIA HUMAN
RELATIONS COMMISSION**

Promotes equal opportunity for all and enforces Pennsylvania's civil rights laws that protect people from unlawful discrimination.

333 Market St., eighth floor,
Harrisburg

717-787-4410

717-787-9780

TTY 717-787-7279

www.phrc.pa.gov

FOOD ASSISTANCE

**For additional information,
contact CENTRAL PA FOOD
BANK at
717-564-1700 or find a location
near you under partner agencies
tab at**

www.centralpafoodbank.org.

3908 Corey Road
Harrisburg, PA 17109
717.564.1700
3301 Wahoo Drive
Williamsport, PA 17701
570-321-8023

SNAP/FOOD STAMPS HOTLINE

877-999-5964

Provides households with SNAP
(Food Stamp) application
assistance through a toll-free
confidential bilingual helpline.

www.centralpafoodbank.org/SNAP

DOWNTOWN DAILY BREAD Soup Kitchen

234 South Street
HARRISBURG, PA 17101
717-238-4717

BETHESDA MISSION OF HARRISBURG - Soup Kitchen

611 Reily Street
HARRISBURG, PA 17102
717-257-4440

ST. FRANCIS OF ASSISI CHURCH - Multi-Service Program

1453 Zarker Street
HARRISBURG, PA 17104
717-232-1003

THE SALVATION ARMY FAMILY SERVICES - Multi- Service Program

506 South. 29th Street
HARRISBURG, PA 17104
717-233-6755

ST. PAUL'S EVANGELICAL LUTHERAN MEAL PROGRAM - Pantry

324 North Street
MILLERSBURG, PA 17061
717-692-2141

HARRISBURG AREA FOOD PANTRY - Pantry

2135 North 6th Street
Camp Curtain YMCA
HARRISBURG, PA 17110
717-233-6889

TABERNACLE BAPTIST CHURCH - Pantry

2730 Booser Avenue
HARRISBURG, pa 17103
717-236-1774

FOUNTAIN GATE CHURCH & MINISTRIES - Pantry

1419 Derry Street
HARRISBURG, PA 17104
717-232-0247

**ALLISON HILL COMMUNITY
MINISTRY - Pantry**

1508 Derry Street
HARRISBURG, PA 17104
717-238-2030

**HILLSIDE SEVENTH DAY
ADVENTIST - Pantry**

1300 Herr Street
HARRISBURG, PA 17103
717-236-3111

**FAITH TEMPLE C.O.G.I.C -
Pantry**

1708 Derry Street
HARRISBURG, PA 17104
717-236-2694

**FULL HARVEST MINISTRIES
- Pantry**

1416 Cumberland Street
HARRISBURG, PA 17103
717-514-7992

**NORTH 17TH STREET CH OF
GOD - Pantry**

615 North 17th Street
HARRISBURG, PA 17103
717-233-2284

**GRACE HOUSE MINISTRIES
- Pantry**

1125 South 16th Street
HARRISBURG, PA 17104
717-238-1819

**KINGDOM EMBASSY, INC. -
Pantry**

2111 North 4th Street
HARRISBURG, PA 17110
717-236-8600

**CUPBOARD AT CALVARY –
pantry**

Calvary United Methodist Church
4700 Locust Lane
HARRISBURG, PA 17109
(717) 545-0021

**PRINCE OF PEACE-MARY’S
HELPERS – pantry**

815 South 2nd Street
STEELTON, PA 17113
(717) 985-1330

HANNA’S PANTRY – pantry

3500 Elmerton Avenue
HARRISBURG, PA 17109

**FAMILY FRESH FOOD
PANTRY – pantry**

Neidig United Methodist Church
1251 Highland Street
STEELTON, PA 17113
(717) 712-9997

**ST. PAUL MISSIONARY
BAPTIST CHURCH - Pantry**

1201 N 17th Street
HARRISBURG, PA 17103
717-234-0037

**OUR LADY OF THE BLESSED
SACRAMENT - Pantry**

2121 North 3rd Street
HARRISBURG, PA 17110
717-233-1014

**HARRISBURG BRETHERN IN
CHRIST - Pantry**
2217 Derry Street
HARRISBURG, PA 17104
717-561-2170

**MANNA FOOD PANTRY -
Pantry**
Penbrook United Church of Christ
56 Banks Street
HARRISBURG, PA 17103
717-602-5835

**GREATER ZION
MISSIONARY BAPTIST
CHURCH - Pantry**
212 North Progress Avenue
HARRISBURG, PA 17109
717-541-0388

**REDEEMED CHRISTIAN
CHURCH OF GOD-LIVING
SPRING - Pantry**
3600 Vartan Way
HARRISBURG, PA 17110
717-671-1539

**GRANTVILLE AREA FOOD
PANTRY - Pantry**
Grantville Faith UCC
117 North Faith Road
Grantville, PA 17028
717-469-2444

**MIDDLETOWN INTERFAITH
PANTRY - Pantry**
201 Wyoming Street
MIDDLETOWN, PA 17057
717-944-5668

**FOUNTAIN OF LIFE
MINISTRIES, INC - Pantry**
290 Newberry Road
MIDDLETOWN, PA 17057
717-944-4455

**GLAD TIDINGS ASSEMBLY
OF GOD - Pantry**
190 Fulling Mill Road
MIDDLETOWN, PA 17057
717-944-1042

**HUMMELSTOWN
COMMUNITY MINISTERIUM
- Pantry**
100 West Main Street
HUMMELSTOWN, PA 17036
717-566-2589

**EVANGELICAL FREE
CHURCH OF HERSHEY -
Pantry**
330 Hilltop Road
HUMMELSTOWN, PA 17036
717-533-4848

**HERSHEY FOOD BANK &
COMMUNITY OUTREACH -
Pantry**
120 East Derry Road
HERSHEY, PA 17033
717-520-3143

**MILLERSBURG AREA
SENIOR CENTER - Pantry**
109 Edward Drive
MILLERSBURG, PA 17061
717-692-2657

**ST. PAUL'S EVANGELICAL
LUTHERAN - Pantry**
324 North Street
MILLERSBURG, PA 17061
717-692-2141

**NORTHERN DAUPHIN FOOD
PANTRY - Pantry**
NO. DAUPHIN HUMAN
SERVICES CENTER
295 State Drive
ELIZABETHVILLE, PA 17023
717-905-2512

GAMBLING PROBLEMS

**COUNCIL ON COMPULSIVE
GAMBLING IN
PENNSYLVANIA**
Purpose is to educate and
disseminate information on
compulsive gambling and to
facilitate referrals.
800-426-2537

GAMBLERS ANONYMOUS
855-222-5542
www.gamblersanonymous.org

**NATIONAL COUNCIL ON
PROBLEM GAMBLING**
800-522-4700
www.ncpgambling.org

**PENNSYLVANIA GAMBLING
ADDICTION HOTLINE**
800-GAMBLER 800-426-2537

GAY/LESBIAN AND RELATED ORGANIZATIONS

ALDER HEALTH SERVICES
Improves the health and well-
being of individuals living with
HIV/AIDS and members of the
LGBTQ community by providing
a culturally competent and
affirming environment.
717-233-7190
100 N. Cameron St., Suite 201,
Harrisburg
www.alderhealth.org

**KEYSTONE BUSINESS
ALLIANCE - CENTRAL
PENNSYLVANIA'S LGBT
CHAMBER OF COMMERCE**
Committed to expanding the
economic interest of LGBT-owned
and allied businesses through
advocacy, education and
partnerships with the local
business community.
3211 N. Front St. Suite 201
Harrisburg,
www.cpglcc.org

LGBT NATIONAL HOTLINE
Serves callers of all ages
888-843-4564

LGBT CENTER OF CENTRAL PENNSYLVANIA

Mission is to foster inclusive community and holistic well-being for LGBTQ people through social, educational and cultural engagement.

717-920-9534

1306 N. Third St., Harrisburg

www.centralpalgbtcenter.org

PENNSYLVANIA YOUTH CONGRESS

Pennsylvania's first and only statewide LGBTQ youth advocacy organization.

717-743-1035

413 Walnut St., Harrisburg

www.payouthcongress.org

TRANSCENTRALPA

Committed to providing advocacy and caring support for transgender individuals, their significant others, families, friends and allies.

717-831-8142 (care line)

www.transcentralpa.org

THE TREVOR PROJECT

Leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people under 25.

212-695-8650

www.thetrevorproject.org

HEATING ASSISTANCE

(See also CONSUMER PROTECTION & EMERGENCY HELP)

ADAMS COUNTY ASSISTANCE OFFICE

225 S. Franklin St. Gettysburg

800-638-6816

717-334-6241

COMPASS

An online application to apply for LIHEAP (Heating assistance)

www.compass.state.pa.us

CUMBERLAND COUNTY ASSISTANCE OFFICE

800-269-0173

717-240-2700

33 Westminster Drive, Carlisle

DAUPHIN COUNTY ASSISTANCE OFFICE

800-788-5616

717-787-2324

2432 N. Seventh St., Harrisburg

HELP MINISTRIES OF CHRISTIAN CHURCHES UNITED

Can assist with one-time payment of heating oil.

717-238-2851

413 S. 19th Street, Harrisburg

www.ccuahbg.org

JOIN HANDS MINISTRY

A collaborative community outreach program providing direction, intervention and support to persons facing a variety of daily living challenges in Perry County.
717-582-7844

51 S. Church St., New Bloomfield
www.joinhands.help

LANCASTER COUNTY ASSISTANCE OFFICE

832 Manor Street Lancaster
717-299-7411

LEBANON COUNTY ASSISTANCE OFFICE

625 S. Eight Street Lebanon
717-270-3600
800-229-3926

LEBANON COUNTY CHRISTIAN MINISTRIES

Provides assistance with heating energy, whether it be heating oil or another heating source such as coal, wood or natural gas.

717-272-4400
www.lccm.us

LIHEAP

Pennsylvania Low Income Home Energy Assistance Program helps low-income families pay their heating bills.

Hotline:
866-857-7095

NEW HOPE MINISTRIES

Provides utility assistance for people in Dillsburg, Dover, Hanover, New Oxford and Mechanicsburg/West Shore areas.
717-432-2087
www.nhm-pa.org

PENNSYLVANIA PUBLIC UTILITY COMMISSION (PUC)

Balances the needs of consumers and utilities; ensures safe and reliable utility service at reasonable rates; protects the public interest; educates consumers to make independent and informed utility choices; furthers economic development; and fosters new technologies and competitive markets in an environmentally sound manner.
800-692-7380

400 North St., Keystone Building, Harrisburg
www.puc.state.pa.us

TRI COUNTY COMMUNITY ACTION

Offers PPL OnTrack program to qualified PPL customers. Benefits include a reduced monthly payment for service, cancellation of a portion of debt owed for every on-time payment, and referrals for energy education and weatherization services.

717-232-9757
1514 Derry Street, Harrisburg
www.cactricounty.org

UGI

Operation Share Energy Fund provides energy assistance grants to qualified customers who experience difficulty paying their heating bills.

800-276-2722

www.ugi.com

HISPANIC COMMUNITY

LATINO HISPANIC AMERICAN COMMUNITY CENTER

Mission is to empower, promote, and advocate for the Latino Hispanic American community of the greater Harrisburg area.

717-232-8302

1301 Derry St., Harrisburg

www.lhacc.org

SPANISH AMERICAN CIVIC ASSOCIATION

Mission is to foster and perpetuate the cultural, social and economic well-being of Latinos residing in the City and County of Lancaster.

717-509-0762

453 Lime St., Lancaster

www.sacapa.org

HOUSING/SHELTER

BELL SOCIALIZATION SERVICES

Assists individuals with their efforts to secure and maintain safe and affordable permanent housing in the community. Services include help to obtain housing, assistance with budgeting, and building basic living skills to successfully live independently.

717-848-5767

160 S. George St., York

www.bellsocialization.com

BETHESDA MISSION

Operates a shelter in Harrisburg for homeless men.

717-257-4442

611 Reily St., Harrisburg

www.bethesdamission.org

BRETHREN HOUSING ASSOCIATION

Mission is to help individuals and families who are experiencing homelessness achieve their potential with stable housing, supportive services and loving relationships.

717-233-6016

219 Hummel St., Harrisburg

www.bha-pa.org

**BRIDGE OF HOPE
HARRISBURG AREA**

Vision is a Harrisburg area where no family is homeless.

Main:717-635-5957

Referral Line: 717-303-9930

www.harrisburg.bridgeofhopeinc.org

**CAPITAL AREA COALITION
ON HOMELESSNESS**

Comprises more than 70 organizations, agencies, churches and other non-profits, to mobilize resources to help families and friends who are homeless or are dangerously close to becoming homeless.

717-255-6587

10 N. Second St., Suite 405,
Harrisburg

www.cachpa.org

**COMMUNITY JUSTICE
PROJECT**

Represents people who have been denied housing due to race, sex, national origin, family size, and other reasons.

800-322-7572 / 717-236-9486

118 Locust St., Harrisburg

www.communityjusticeproject.org

**CUMBERLAND COUNTY
HOUSING AND
REDEVELOPMENT
AUTHORITIES**

717-249-1315 / 866-683-5907

114 N. Hanover Street, Carlisle

www.cchra.com

**DAUPHIN COUNTY
HOUSING AUTHORITY**

717-939-9301

501 Mohn Street

Steelton PA17113

www.dauphinhousing.org

**FAIR HOUSING COUNCIL OF
THE CAPITAL REGION INC.**

Mission is to provide comprehensive services that affirmatively address and promote fair housing rights and further other housing opportunities for all persons without regard to race, color, national origin, religion, sex, family status, presence of children, disability, ancestry, marital status or other arbitrary factors.

717-238-9540

www.pafairhousing.org

2100 N. Sixth St., Harrisburg

**FAMILY PROMISE OF
HARRISBURG CAPITAL
REGION**

Mission is to empower families through relationships and skill building to move from homelessness to home.

717-737-1100

56 Erford Road, Camp Hill

www.familypromisehcr.org

**HABITAT FOR HUMANITY
OF THE GREATER
HARRISBURG AREA**

717-545-7299

900 S. Arlington Ave., #131A,
Harrisburg

www.harrisburghabitat.org

**HARRISBURG CENTER FOR
PEACE AND JUSTICE**

717-233-3072

315 Peffer Street, Harrisburg

**HARRISBURG HOUSING
AUTHORITY**

717-257-5420

www.harrisburghousing.org

**HELP MINISTRIES OF
CHRISTIAN CHURCHES
UNITED**

Provides rent assistance to households that are facing evictions or are in need of help obtaining housing. Also provides shelter referrals for single women and families.

717-238-2851

413 S. 19th Street, Harrisburg

www.ccuahbg.org

**HOUSING ALLIANCE OF
PENNSYLVANIA**

A statewide coalition working to provide leadership and a common voice for policies, practices and resources to ensure that all Pennsylvanians, especially those with low incomes, have access to safe, decent and affordable homes.

Harrisburg office

717-909-2006

610 N. Third St., Harrisburg

www.housingalliancepa.org

**LIFEPATH CHRISTIAN
MINISTRIES**

Offers emergency shelter for men and women.

717-845-7662

363-371 West Market Street, York

www.lifepathyork.org

PAXTON MINISTRIES

Provides affordable housing and support services to adults who may be challenged with poverty, mental illness, or intellectual disabilities.

717-236-5508

2001 Paxton St., Harrisburg

www.paxtonmin.org

**PENNSYLVANIA HOUSING
FINANCE AGENCY**

Works to provide affordable homeownership and rental apartment options for senior adults, low- and moderate-income families, and people with special housing needs.

855-827-3466 (Customer Solutions Center)
211 N. Front St., Harrisburg
www.phfa.org

**TRI COUNTY COMMUNITY
ACTION**

Offers classes on renting, home purchasing, credit and credit repair, and one-on-one counseling for mortgage and foreclosure assistance.

717-232-9757
1514 Derry Street, Harrisburg
www.cactricounty.org

**UNITED METHODIST HOME
FOR CHILDREN INC.**

Provides community-based care services to youth and families in need in central and southeastern Pennsylvania. Youth ages 12-20 receive safe housing, emotional and educational support, food, clothing, medical and behavioral healthcare, counseling, and more in a family-like atmosphere.

717-766-7652
5120 Simpson Ferry Road
Mechanicsburg
www.umhc.org

SHELTERS

Cifelli House

1422 Market Street
Harrisburg, PA 17103
717-991-2649

**Lighthouse Outreach Center of
Harrisburg**

1839 Market Street
Harrisburg, PA 17103
717-236-0735

Shalom House

9 South 15th Street
Harrisburg, PA 17104
717-232-3482

**Salvation Army Adult
Rehabilitation Center**

717-541-0203

YWCA Greater Harrisburg

1101 Market Street
Harrisburg, PA 17103
717-234-7931

Bethesda Mission

611 Reily Street
Harrisburg, PA 17102
717-257-4440

**Bethesda Mission - Women and
Children's Shelter**

2101 N Front St (office)
Harrisburg, PA 17103
717-257-4442

Shalom House - Emergency Shelter-Women and Children
9 South 15th Street
Harrisburg, PA 17104
717-232-3482

Catholic Charities - Interfaith Shelter for Homeless Families
120 Willow Road
Suite C
Harrisburg, PA 17109
717-652-8740

Downtown Daily Bread, Shelter
234 South Street
Top Floor
Harrisburg, PA 17101
717-238-4717

IMMIGRATION AND REFUGEE SERVICES

BETHANY CHRISTIAN SERVICES OF LANCASTER
Connects refugee and immigrant families with churches and community resources to help them adjust to their new life in the U.S.
717-399-3213
www.bethany.org/lancaster

CATHOLIC CHARITIES, IMMIGRATION & REFUGEE SERVICES

Works with state and federal governments to resettle refugees, helping them adjust to new lives and newfound freedom.

717-232-0568
939 East Park Drive, Suite 102,
Harrisburg
www.cchbg.org

COMMUNITY JUSTICE PROJECT

Provides assistance for immigrants regardless of their immigration status or country of origin.

800-322-7572
717-236-9486
118 Locust St., Harrisburg
www.communityjusticeproject.org

INTERNATIONAL SERVICE CENTER

Mission is to promote, support and implement educational, cultural, social, and economic programs to serve the disadvantaged and underprivileged people, that will enable them to become self-supporting and productive members of our pluralistic society.

717-236-9401
21 S. River St., Harrisburg
www.isc76.org

**PENNSYLVANIA
IMMIGRANT & REFUGEE
WOMEN'S NETWORK**

Created to honor and enhance the lives of refugee and immigrant women in Pennsylvania.

717-980-3888

2101 N. Front St., Governors Plaza
North 2, Harrisburg

www.pairwn.org

**PENNSYLVANIA
IMMIGRATION RESOURCE
CENTER**

Works to provide access to justice for vulnerable immigrants in detention and in the community through legal services, education and advocacy.

717-600-8099

294 Pleasant Acres Road, Suite
202, York.

www.pirclaw.org

LEGAL AID

**AMERICAN CIVIL
LIBERTIES UNION**

South Central PA Chapter

717-238-2258

PO Box 11761, Harrisburg, 17108

www.aclupa.org

**PBA LAWYER REFERRAL
SERVICE**

800-932-0311

www.pabar.org

PA LAW HELP

A guide to legal information and free civil legal services for low-income persons and seniors in Pennsylvania.

www.palawhelp.org

MIDPENN LEGAL SERVICES

Provides high quality free civil legal services to low-income residents and survivors of domestic violence and sexual assault in 18 counties in Central Pennsylvania.

Harrisburg office:

213-A N. Front St., Harrisburg
717-234-0492

Carlisle office:

401 E. Louthier St., Suite 103,
Carlisle
717-243-9400
800-822-5288

Lancaster office:

38 N. Christian St., Suite 200,
Lancaster
800-732-0025
717-299-0971

Lebanon office:

1150 Chestnut St., Suite 1
Lebanon
717-274-2834

York office:

29 N. Queen St., York
717-848-3605

www.midpenn.org

MEDICAL

(See also AIDS, BREAST
CANCER,
EATING DISORDERS,
MENTAL HEALTH, POISON)

ADVANCEMENT IN RECOVERY PROGRAM

(Pennsylvania Psychiatric
Institute)

Offers a comprehensive
medication assisted treatment
program for individuals struggling
with opioid use disorder.

717-782-6844

2501 N. Third St., Harrisburg

AMERICAN CANCER SOCIETY HOPE LODGE OF CENTRAL PENNSYLVANIA

A free home away from home for
cancer patients and their
caregivers.

800-227-2345

www.cancer.org/hopelodge

BEACON CLINIC

A free, faith-based healthcare
clinic providing preventative care
and counseling to underserved and
uninsured adults in Harrisburg
community.

717-775-1111

248 Seneca St., rear, Harrisburg
(St. Paul's Episcopal Church)

www.beaconclinicpa.org

CENTERS FOR DISEASE CONTROL AND PREVENTION

800-232-4636

www.cdc.gov

CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)

Provides health insurance
to uninsured children and teens
who are not eligible for or enrolled
in Medical Assistance.

800-986-KIDS (5437)

www.chipcoverspakids.com

COMMUNITY CHECK UP- CENTER

Provides comprehensive
healthcare to women and children
in South Harrisburg as well as the
Tri-County area. No one is ever
denied services due to lack of
insurance or an inability to pay.

717-233-1700

38C Hall Manor

www.communitycheckupcenter.org

COMPASS

An online application for
Pennsylvanians to apply for many
health and human service
programs.

www.compass.state.pa.us

**GEISINGER HOLY SPIRIT
MISSION OF MEDICAL
OUTREACH**

Nurse-run clinic based at Christ Lutheran Church, 124 S. 13th St., Harrisburg.
717-260-9320.

**HAMILTON HEALTH
CENTER**

717-232-9971

www.hamiltonhealthcenter.com

Offers medical and dental care at 110 S. 17th St., Harrisburg. (main campus)

Has satellite offices at Downey School, 1313 Monroe St., Harrisburg

717-230-3909

Foose School, 1301 Sycamore St., Harrisburg.

Union Deposit Family Practice, 895 S. Arlington Ave., Harrisburg
717-232-0500,

1000 Evelyn Drive, Millersburg,
717-692-4761,

12 N. Spring Street, Middletown,
717-836-6067

117 North Faith Road, Grantville,
717-230-3979

and Hamilton Health Center of Perry County, 46 Red Hill Court, Newport 717-204-7865.

**HEALTHCARE
MARKETPLACES**

As part of Affordable Care Act, people can apply for coverage and compare available plans.

www.healthcare.gov

**HEALTH RESOURCES AND
SERVICE ADMINISTRATION.**

Mission is to improve health and achieve health equity through access to quality services, a skilled health workforce, and innovative programs.

www.hrsa.gov

**HOPE WITHIN COMMUNITY
HEALTH CENTER**

Offers free primary healthcare services for medically uninsured low-income residents of Lancaster, Lebanon and Dauphin counties.

717-367-9797

www.hopewithin.org

**HOSPICE OF CENTRAL
PENNSYLVANIA**

Provides the highest quality of emotional, physical and spiritual support with compassion and respect.

717-732-1000

1320 Linglestown Road., Harrisburg (main office)

www.hospiceofcentralpa.org

**LEBANON FREE CLINIC
(Lebanon Rescue Mission)**

Call to confirm times and eligibility.

717-273-2715

135 S. Ninth St., Lebanon

www.lebanonrescuemission.org

LION CARE

(Penn State College of Medicine)

A student-run, non-profit, free clinic dedicated to serving the medical, psychological, and health needs of the underserved in Harrisburg area. Call for schedule and to make an appointment.

717-257-4440, x312

611 Reily St., Harrisburg

www.pennstatehealth.org/community-outreach/lioncare

MEDICAID

Provides health coverage to low-income people and is one of the largest payers for health care in the United States.

www.medicaid.gov

MISSION OF MERCY

Medical services available, Harrisburg clinic is at Harrisburg Brethren in Christ Church, 2217 Derry St., Harrisburg.

717-315-9813 (clinic days only)

www.amissionofmercy.org

PACE AND PACENET

State prescription assistance program for older adults.

800-225-7223

**PENNSYLVANIA
DEPARTMENT OF HEALTH**

www.health.pa.gov

**PENNSYLVANIA HEALTH
LAW PROJECT**

Consultant on access to health care for low-income consumers, elderly and persons with disabilities.

800-274-3258

www.phlp.org

PLANNED PARENTHOOD

One of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education.

Harrisburg Medical Center

1514 North Second St., Harrisburg
717-234-2468.

Lancaster Medical Center

31 S. Lime St., Lancaster
717-299-2891

York Medical Center

728 Beaver St., York
717-845-9681.

www.plannedparenthood.org

**RONALD MCDONALD
HOUSE**

Keeps children and families together by providing temporary housing, at no charge, to out-of-town families of seriously ill children who are being treated at Penn State Hershey Children's Hospital.

717-533-4001

745 W. Governor Road, Hershey

www.rmhc-centralpa.org

SADLER HEALTH CENTER CORP.

Provides accessible primary care, behavioral health and dental services to insured, uninsured and underinsured individuals at two locations: Carlisle and Perry County. 717-218-6670
100 N. Hanover St., Carlisle.
Also, offers dental only services at 1104 Montour Road, Loysville, 717-960-4380
www.sadlerhealth.org

UPMC PINNACLEHEALTH CHILDREN AND TEEN CENTER

717-782-4650
2645 N. Third St., second floor, Harrisburg

UNITED WAY OF THE CAPITAL REGION

Contact to Care, has community health workers who help you learn to gain access to healthcare. They can connect you to health insurance options, medical appointments and help you overcome barriers to care.
contacttocare@uwcr.org
2235 Millennium Way
Enola, PA 17025
717.732.0700

POISON

AMERICAN ASSOCIATION OF POISON CONTROL CENTERS

Site is designed to provide fast and useful information on how to manage exposures to potentially toxic products, poisons, and medications.
800-222-1222
www.poisonhelp.org

LEAD POISONING

Pennsylvania Department of Health
800-440-5323

MENTAL HEALTH

(See also EMERGENCY HELP)

SUICIDE PREVENTION HOTLINE

800-273-8255
www.suicidepreventionlifeline.org

CONTACT HELPLINE

Information and referral service
800-932-4616
www.contacthelpline.org

THE ADVOCACY ALLIANCE

Mission is to promote mental well-being and support recovery for adults who have a mental illness; resiliency for children with emotional/behavioral disorders.
717-835-2270
1512 E. Caracas Ave., Hershey
www.theadvocacyalliance.org

**BEHAVIORAL HEALTH
TREATMENT SERVICES
LOCATOR**

An on-line source of information for persons seeking treatment facilities in the United States or U.S. territories for substance abuse/addiction and/or mental health problems.

800-662-4357

www.samhsa.gov

**BELL SOCIALIZATION
SERVICES**

Provides housing and employment support for those dealing with mental illness.

717-848-5767

160 S. George Street, York

www.bellsocialization.com

CASE MANAGEMENT UNIT

Mission is to plan with and support adults and children with mental disabilities, and their families when appropriate, to live full and inclusive lives within their communities.

717-232-8761

1100 S. Cameron St., Harrisburg

717-362-1212

295 State Drive, Elizabethtown

717-644-9600

1349 Cumberland St., Lebanon

cmupa.org

CATHOLIC CHARITIES

Counseling offices

717-233-7978

939 East Park Drive, Harrisburg

717-299-3659

30D East Roseville Road,

Lancaster

717-845-2696

253 E. Market St., York

717-259-9537

6156 W. Canal Road, Abbottstown

(Paradise Outpatient Services)

www.cchbg.org

**CRISIS INTERVENTION
SERVICES (Dauphin County)**

24-hour emergency mental health services.

888-596-4447

717-232-7511

100 Chestnut St., Harrisburg

(Cumberland/Perry counties)

Provides psychiatric or mental health emergency assistance, 24 hours a day, 7 days a week.

Camp Hill area, 717-763-2222

Carlisle area, 717-243-6005

All other areas, 866-350-HELP

**DIAKON FAMILY LIFE
SERVICES**

Meets the mental-health needs of people through quality, compassionate counseling, family-based mental-health services, and specialized programs.

877-342-5667

www.diakon.org

FRANKLIN FAMILY SERVICES

Offers comprehensive outpatient mental health services, which include diagnosis, treatment, and education for adults, adolescents, and children.

www.ffspa.com 717-243-6500

816 Belvedere St., Carlisle

717-732-2917

412 Erford Road, Camp Hill

717-533-4312

20 Briarcrest Square, Hershey

717-267-1515

131 East McKinley Street,

Chambersburg

KEYSTONE HUMAN SERVICES

Mental Health Services

Committed to supporting and empowering individuals on their personal journey of recovery.

717-482-8500

8182 Adams Drive, Hummelstown

www.keystonehumanservices.org

MENTAL WELLNESS AWARENESS ASSOCIATION

Focuses on education for prevention, early intervention, scientific research and cures of mental health problems.

717-957-3432

www.mentalwellnessawareness.org

MYNDWORKS COUNSELING
(Jewish Family Service of Greater Harrisburg)

Offers innovative and effective programs to support children and adults going through a difficult period in life.

717-233-1681

3333 N. Front St., Harrisburg

www.jfsofhbg.org

PERFORMCARE

Behavioral Health Managed Care Organization under Health Choices serving Dauphin County. Members must be Medicaid eligible.

Call Member Services: 1-888-722-8646 (TTY 1-800-654-5984) or PA Relay 711

8040 Carlson Road, Harrisburg, PA 17112

<https://pa.performcare.org/>

NATIONAL ALLIANCE ON MENTAL ILLNESS

Dauphin County

Goal is to improve the quality of life for victims of brain disorders (mental illnesses), their families, and friends.

717-233-1164

2501 N. Third St., Harrisburg

www.nami-dauphincounty.org

Cumberland County

Dedicated to improving the lives of individuals and families affected by mental illness through recovery-focused support, education and advocacy
717-620-9580
PO Box 527, Carlisle 17013
www.namicppa.org

NATIONAL INSTITUTE OF MENTAL HEALTH

Mission is to transform the understanding and treatment of mental illnesses through basic and clinical research.
www.nimh.nih.gov
866-615-6464

PENN STATE HERSHEY MEDICAL GROUP – PSYCHIATRY

717-531-8338
22 Northeast Drive, Entrance B, Hershey

PENNSYLVANIA MENTAL HEALTH CONSUMERS ASSOCIATION

Provides information, referrals and support to people who are receiving services or in recovery from a mental illness in Pennsylvania.
717-564-4930
4105 Derry St., Harrisburg
www.pmhca.org

PRESSLEY RIDGE

Offers help for a wide variety of emotional, behavioral and mental health issues.
888-777-0820
Harrisburg outpatient treatment and counseling at 121 Locust St., Harrisburg.
717-312-7434
www.pressleyridge.org

SUSQUEHANNA HARBOR SAFE HAVEN

(Christian Churches United)
Offers long-term housing within a supportive community for up to 25 formerly homeless men in Dauphin County. The program was designed to help chronically homeless men—those living on the street for a year or more—who are also dealing with mental illness.
717-232-5029
1805 N. 12th St., Harrisburg
www.ccuhbg.org

WELLSPAN PHILHAVEN

Offers mental health services to 1,000 people each day.
800-932-0359
283 S. Butler Road, Mount Gretna (main location)
Offers services in Dauphin County at 2601 Herr St., Harrisburg.
717-230-9622
www.philhaven.org

SUICIDE

(See also MENTAL HEALTH)

AMERICAN FOUNDATION FOR SUICIDE PREVENTION

South Central Pennsylvania
chapter

Dedicated to saving lives and
bringing hope to those affected by
suicide.

800-273-8255

www.afsp.org

THE TREVOR PROJECT

Leading national organization
providing crisis intervention and
suicide prevention services to
lesbian, gay, bisexual, transgender
and questioning (LGBTQ) young
people under 25.

866-488-7386

www.thetrevorproject.org

TEENS

NATIONAL HUMAN TRAFFICKING HOTLINE

National anti-trafficking hotline
serving victims and survivors of
human trafficking and the anti-
trafficking community in the
United States.

888-373-7888

www.traffickingresourcecenter.org

The Synergy Project

The Synergy Project is a street
outreach program of Valley Youth
House that assists youth ages 16-

21 who lack stable housing in
Dauphin County. All services are
LGBTQ+ affirming.

1625 N Front St

3rd Floor

Harrisburg Pa 17102

717-963-7565

NATIONAL RUNAWAY SAFELINE

800-RUNAWAY (786-2929)

MENTORS

(See also VOLUNTEER)

AMERICA'S PROMISE ALLIANCE

The collective work of the
Alliance involves keeping five
promises to children and youth that
form the conditions they need to
achieve adult success.

202-657-0600

www.americaspromise.org

AMIRACLE4SURE

To improve the quality of life for
individuals and their families
whose lives have been impacted by
negative life experiences; and to
provide education, mentoring and
advocacy for individuals and their
children as they transform their
lives after incarceration.

717-232-0100

1735 State St., Harrisburg

www.amiracle4sure.com

**BETHESDA MISSION
COMMUNITY (YOUTH)
CENTER**

717-257-5483
1438 Herr St., Harrisburg
www.bethesdamission.org

**BIG BROTHERS/BIG SISTERS
OF THE CAPITAL REGION**

717-236-0199
1519 N. 3rd Street, Harrisburg
www.capbig.org

**BREAKING THE CHAINZ
INC.**

Mission is to provide interactive and integrative prevention and intervention programs aimed at keeping adults and adolescents from ending up in a cold cell. Program assists newly released inmates in making a smooth transition from incarcerated inmate to productive citizen.

717-525-9448
www.breakingthechainz.webs.com

**BOYS AND GIRLS CLUB OF
HARRISBURG**

Serves as a neighborhood-based organization committed to serving youth of all backgrounds in developing self-esteem and character and to help them become responsible citizens by providing physical, recreational, social, educational and vocational programs.

717-234-3268

1227 Berryhill Street, Harrisburg
1700 Hanover St., Harrisburg
717-232-1711

1313 Monroe St., Harrisburg
717-512-2833
www.bgchbg.org

**NEW BIRTH OF FREEDOM
BOY SCOUTS OF AMERICA
COUNCIL**

Mechanicsburg service center
717-766-1591
One Baden Powell Lane,
Mechanicsburg
www.newbirthoffreedom.org

**CAPITAL REGION EX-
OFFENDERS SUPPORT
COALITION**

To coordinate services that assist ex-offenders with successful re-entry that promotes public safety.
www.reentrynow.org

CENTER FOR CHAMPIONS

Desires to be an avenue where many churches, groups and businesses can partner to provide life-on-life mentors to primarily fatherless and at-risk youth.
www.centerforchampions.org

**CHRISTIAN RECOVERY
AFTERCARE MINISTRY**

Primary focus is crime prevention, reducing recidivism and promoting a safer community.
717-234-3664
www.craminc.org

DRESS FOR SUCCESS

Empowers women to achieve economic independence by providing a network of support, professional attire and the development tools to help women thrive in work and in life.

717-232-1333

29 S. 10th St., Harrisburg

www.southcentralpa.dressforsuccess.org

GIRL SCOUTS IN THE HEART OF PA

800-692-7816

717-233-1656

350 Hale Ave., Harrisburg

www.gshpa.org

JOSHUA GROUP

Provides hope and support for at-risk Harrisburg youth through educational and vocational opportunities.

717-236-4464

1459 Market St., Harrisburg
(Joshua Learning Center)

www.joshuagroup.org

THE JT DORSEY FOUNDATION

Uses the medium of soccer to develop strong moral character, inspire academic excellence and promote community involvement for participants. Serves inner city youth ages five to 19 in the Harrisburg, Lancaster and Lebanon areas.

717-329-8937 www.jtdorsey.org

5901 Jonestown Road, Harrisburg

NEW HOPE MINISTRIES

Youth programs provide assistance with homework, life skills, recreation, educational activities, and community services activities while promoting positive behavior and values. Has centers in Dillsburg, Dover, Hanover, Mechanicsburg, New Oxford and West Shore (Lemoyne) area.

771-432-2087

99 W. Church St., Dillsburg

www.nhm-pa.org

THE PROGRAM

“It’s About Change”

Serves and supports individuals involved with the criminal justice system, primarily women and children, to prevent recidivism and promote productive lives.

717-238-9950

1515 Derry St., Harrisburg
220 East King Street, York, PA

717-238-9950

www.theprogramhbg.org

SALVATION ARMY

Gives youth a chance to experience educational enrichment, life skills development, and spiritual and physical wellness.

717-233-6755

506 S. 29th Street, Harrisburg

www.salvationarmyharrisburg.org

SOUND COMMUNITY SERVICES, INC.

Reentry Services that include:
AOD Alcohol & Other Drugs,
R4W Ready4Work employment training, Parenting, Mentoring, Anger Management/Batters Intervention Services, Training available
2001 N Front St, Bldg. #2, Suite 321
Harrisburg, PA 17102
717-961-9740
www.soundcommunitysolutions.org

PARENTING

(Also see CHILDREN)

ASERT AUTISM RESOURCE CENTER

Designed to bring together existing resources for families, providers, and self-advocates, and allow them to access a broad array of information to help meet the needs of those living with or serving people with autism.
877-231-4244
www.paautism.org

UNITED WAY OF THE CAPITAL REGION

Ready for School, Ready to Succeed, provides free virtual and in-person workshops for children ages 3 to 5 (and their families) to prepare them for kindergarten. We currently partner with 4 school districts in Dauphin County:

Central Dauphin, Harrisburg, Susquehanna, and Steelton-Highspire.
readyforschool@uwcr.org
2235 Millennium Way
Enola, PA 17025
717.732.0700

AUTISM SOCIETY, GREATER HARRISBURG AREA CHAPTER

Promotes opportunities for individuals with Autism Spectrum Disorders (ASD) to participate in the same valued life experiences as do other citizens.
800-244-2425, ext. 8408
PO Box 101, Enola.
www.autismharrisburg.org

GREATER HARRISBURG HEALTHY START

(Program of Hamilton Health Center) Mission is to improve the health and well-being of pregnant and postpartum women, their babies, families and the community by providing comprehensive supportive services in the communities where they live. 717-909-1278
www.harrisburghealthystart.com

HEALTHY STEPS DIAPER BANK

Mission is to provide diapers to children in need to keep children clean, dry, and healthy. To do that, Healthy Steps partners with local non-profit organizations who then provide the diapers free of charge to active participants of its program. 717-919-2590
4075 Linglestown Road
www.healthystepsdiaperbank.com

NATIONAL FATHERHOOD INITIATIVE

Vision is for every child to grow up with an involved, responsible and committed father.
301-948-0599
www.fatherhood.org

PARENTS HELPING PARENTS

A support helpline.
800-632-8188
www.parentshelpingparents.org

TRI COUNTY COMMUNITY ACTION

Offers programs to support families developing parenting skills, enhancing communication, school readiness and household management. Also offers one-on-one in-home education for parents of children 0-5 years of age, and a program just for dads.
1514 Derry St., Harrisburg
717-232-9757
www.cactricounty.org

WIC

A federally funded program that provides nutrition services, breastfeeding support, health care and social service referrals, and healthy foods. www.pawic.com
800-WIC-WINS (942-9467)

PREGNANCY SERVICES

(Also see WOMEN)

BETHANY CHRISTIAN SERVICES

If you are pregnant and don't know what to do, Bethany can provide free, confidential support to help you determine your path forward.
(Harrisburg location)
717-238-3549
2101 N. Front St., Building 1, Suite 201, Harrisburg
www.bethany.org

CARLISLE AREA FAMILY LIFE CENTER

Mission is to protect the unborn through emotional, material, and educational support of women and families.
717-243-1918
155 N. Hanover St. Carlisle
www.carlislefamilylifecenter.org

DIAKON PREGNANCY SERVICES

Offers free counseling to expectant mothers, with staff available to meet in total confidence at a location of your choice.

888-582-2230

www.diakon.org/pregnancy

GREATER HARRISBURG HEALTHY START

(Program of Hamilton Health Center)

Mission is to improve the health and well-being of pregnant and postpartum women, their babies, families and the community by providing comprehensive supportive services in the communities where they live.

Serving Harrisburg, Steelton, Highspire, Middletown.

717-909-1278

www.harrisburghealthystart.com

LIFELINE PREGNANCY CARE CENTER

Goal is to help women and families from the time they find out they are pregnant until their children are about age six.

Hours are Monday, Tuesday and Wednesday from 1 to 4 p.m., and Tuesday and Thursday from 6 to 8 p.m.

717-692-2183

403 Union St., Millersburg

www.lifeline-pcc.org

LOURDESHOUSE MATERNITY HOME

(Catholic Charities)

Provides specialized, comprehensive maternity care and residential services to women in need in South Central

Pennsylvania. 717-412-4865

120 Willow Road, Suite A.,

Harrisburg www.cchbg.org

MORNINGSTAR PREGNANCY SERVICES

Pregnancy-related services and information including free pregnancy tests

2509 N. Front Street Harrisburg

717-901-2799

503 Bridge St., New Cumberland

717-901-5433

35 S. Union St., Middletown

717-944-3888

www.morningstarclinics.com

WOMEN'S CARE CENTER OF YORK

Provides free, confidential counseling, support and education to women facing unplanned pregnancies.

717-854-6285

40 S. Richland Ave., York

RAPE

(See also ABUSE, VICTIMS)

EMERGENCIES

911

DOMESTIC VIOLENCE

HOTLINES

(By county)

ADAMS: 800-787-8106

CUMBERLAND: 800-852-2102

DAUPHIN: 800-654-1211

FRANKLIN/FULTON: 800-621-6660

JUNIATA/MIFFLIN: 717-242-2444

LANCASTER: 717-299-1249

LEBANON: 866-686-0451

NORTHUMBERLAND/UNION/
SNYDER: 800-850-7948

PERRY: 800-852-2102

SCHUYLKILL: 800-282-0634

YORK: 800-262-8444

PENNSYLVANIA COALITION AGAINST RAPE

Works to end sexual violence and advocates for the rights and needs of sexual assault victims.

888-772-7227 (24-hour hotline)

717-728-9740

800-692-7445

www.pcar.org

SEXUAL ASSAULT RESOURCE & COUNSELING CENTER

Prevents sexual violence and promotes healing for those impacted.

717-272-5308 (hotline Lebanon)

570-628-2965 (hotline Schuylkill)

615 Cumberland St., Lebanon

Schuylkill Office:

17 Westwood Centre, Pottsville

www.sarcclebanon.org

YWCA OF CARLISLE – SEXUAL ASSAULT/RAPE CRISIS SERVICES OF CUMBERLAND COUNTY

888-727-2877

301 G Street, Carlisle

www.ywccarlisle.org

YWCA OF GREATER HARRISBURG

Violence intervention and prevention services.

Provides comprehensive crisis and counseling services to victims of domestic violence and sexual assault, including a crisis hotline, individual and group counseling and medical and court accompaniments.

800-654-1211

1101 Market St., Harrisburg

www.ywcahbg.org

YWCA of YORK/VICTIM SERVICES

Sexual violence hotline
800-262-8444
717-846-5400
www.ywcayork.org

SENIOR CITIZENS

AARP
888-687-2277
www.aarp.org

PA MEDI Helpline
(Pennsylvania Department of Aging)
Offers a free health insurance counseling program designed to help older Pennsylvanians with Medicare.
1-800-783-7067

AREA AGENCIES ON AGING
(Usual sources for Meals on Wheels)
Adams County: 717-334-9296
Cumberland County: 717-240-6110
Dauphin County: 717-780-6130
Lancaster County: 717-299-7979
Lebanon County 717-273-9262
Perry County: 717-582-5128
York County: 717-771-9610

ALZHEIMER'S ASSOCIATION

Mission is to eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.
800-272-3900 (helpline)
www.alz.org

DAUPHIN COUNTY ELDER ABUSE HOTLINE
1-866-723-3111

MEDICARE
www.medicare.gov
Centers for Medicare and Medicaid Services, www.cms.gov, provides information for the Medicare and Medicaid consumer

NATIONAL CENTER ON ELDER ABUSE
Provides the latest information regarding research, training, best practices, news and resources on elder abuse, neglect and exploitation to professionals and the public.
855-500-3537
www.ncea.acl.gov

PACE AND PACENET
State prescription program for lower income seniors.
800-225-7223

**PENNSYLVANIA
DEPARTMENT OF AGING**
www.aging.state.pa.us
Elder Abuse Hotline 800-490-8505

**PENNSYLVANIA
DEPARTMENT OF BANKING
AND SECURITIES**
Regulates financial services and works to ensure consumers and businesses are well informed about the marketplace. Can file a complaint form online.
800-722-2657
www.dobs.pa.gov

**PENNSYLVANIA SENIOR
LAW HELPLINE**
Provides legal advice, information and referral services. Helpline hours are Monday through Thursday, 10 a.m. to 12 p.m.
877-727-7529
www.seniorlawcenter.org

**RSVP OF THE CAPITAL
REGION**
Promotes seniors as powerful contributors to our neighborhoods and community organizations that desperately need additional human resources.
717-541-9521
50 Utley Drive, Suite 500, Camp Hill
www.rsvpcapreg.org

**SOCIAL SECURITY
ADMINISTRATION**
800-772-1213 (national)
555 Walnut St., Suite 810,
Harrisburg
www.ssa.gov

**DAUPHIN COUNTY SENIOR
CENTERS**
****Please contact your County's
Aging Office for your County's
Senior Centers Information**

**EAST HANOVER SENIOR
CENTER**
Municipal Building
8848 Jonestown Road, Shellsville-
Grantville, PA 17028
Telephone Number: 717-469-7514

**B'NAI B'RITH SENIOR
CENTER**
130 S. 3rd Street Harrisburg, PA
17101
Telephone Number: 717-232-7516

**JACKSON TOWERS SENIOR
CENTER**
1301 N. 6th Street Harrisburg, PA
17102
Telephone Number: 717-257-5421

**JEWISH COMMUNITY
CENTER**
Senior Adult Program (Kosher
Meals)
3301 N. Front St, Harrisburg, PA
17110
Telephone Number: 717-236-9555

HEINZ-MENAKER SENIOR CENTER
1824 N. 4th St, Harrisburg, PA
17102
Telephone Number: 717-238-7860

LEADER CENTER FOR ACTIVE LIFE
605 Cocoa Avenue
Hershey, PA 17033
Telephone Number: 717-533-2002

LOWER PAXTON TOWNSHIP FRIENDSHIP SENIOR CENTER
5000 Commons Dr., Harrisburg, PA 17112
Telephone Number: 717-657-1547

LYKENS BALLROOM SENIOR CENTER
200 W. Main Street, Lykens, PA 17048
Telephone Number: 717-453-8350

MILLERSBURG SENIOR CENTER
109 Edward Dr., Millersburg, PA 17061
Telephone Number: 717-692-2657

HOY/LATSHA SENIOR CENTER
301 Mohn Street, Steelton, PA 17113
Telephone Number: 717-939-9833

BISTLINE SENIOR CENTER
1291 S. 28th Street, Harrisburg, PA 17111
Telephone Number: 717-939-9301, Ext 524

VETERANS

VETERANS NATIONAL CRISIS LINE
800-273-8255

DAUPHIN COUNTY VETERANS AFFAIRS
717-780-6357
2 South Second Street Harrisburg, fourth floor

HARRISBURG VET CENTER
(U.S. Department of Veterans Affairs)
717-782-3954
1500 N. Second St., Suite 2
Harrisburg, Pa.
www.va.gov

ROBERT M. JACKSON VETERANS CENTER, INC
Offers low-income housing alternatives, counseling, case management, education and job readiness training, personal and financial development, veterans' benefit resource assistance, clothing and food pantry assistance.
717-695-6249
316 Carlisle St., Harrisburg
www.rmjvc.org

LEBANON VA MEDICAL CENTER

717-272-6621 / 800-409-8771
1700 S. Lincoln Avenue, Lebanon
www.lebanon.va.gov

MAKE THE CONNECTION

An online resource designed to connect veterans, their family members and friends, and other supporters with information, resources, and solutions to issues affecting their lives.

www.maketheconnection.net

NATIONAL COALITION FOR HOMELESS VETERANS

Resource and technical assistance center for a national network of community-based service providers and local, state and federal agencies that provide emergency and supportive housing, food, health services, job training and placement assistance, legal aid and case management support for hundreds of thousands of homeless veterans.

877-424-3838 (24/7 crisis hotline)
800-VET-HELP www.nchv.org

PENNSYLVANIA DEPARTMENT OF MILITARY AND VETERANS AFFAIRS

Provides advice and assistance to Pennsylvania's nearly 800,000 veterans and their families.

www.dmva.pa.gov

PENNSYLVANIA VETERANS REGISTRY

An online application that allows veterans, family members and people who work with veterans to connect with Department of Military and Veterans Affairs to request information related to the valuable state benefits, programs and services offered.

www.dmva.state.pa.us

SUPPORTIVE SERVICES FOR VETERAN FAMILIES

(Volunteers of America Pennsylvania) Provides low-income veteran families with services aimed at preventing homelessness and improving their stability. Serves Adams, Cumberland, Dauphin, Lebanon, Lancaster, Perry and York counties. 717-236-1440

2112 Walnut St., Harrisburg
www.voapa.org/veteran-services

U.S. DEPARTMENT OF VETERAN AFFAIRS

GI Bill 888-442-4551
Healthcare benefits 877-222-8387
PTSD 802-296-6300

www.va.gov

YWCA VETERANS SERVICES

Works closely with area service providers and agencies to ensure that all veterans and their families receive the best possible care through eligible programs. 800-654-1211 (24-hour hotline)
www.ywcahbg.org

VICTIMS

(See also ABUSE, RAPE & WOMEN)

PENNSYLVANIA OFFICE OF VICTIM ADVOCATE

Works to provide victims of crime with notifications, support and advocacy services.
800-563-6399
1101 S. Front St., Suite 5200,
Harrisburg
www.ova.state.pa.us

VICTIM SERVICES DIVISION (Cumberland County)

Assists victims and witnesses of crime during their involvement with the criminal justice system.
Main office
717-240-6220
717-258-4806
2120 Market St., Camp Hill
717-761-5599
York 717-771-9956
Perry County 717-582-8900
www.dvscp.org

DAUPHIN COUNTY VICTIM/WITNESS ASSISTANCE PROGRAM

Strives to reduce the trauma of a crime by empowering and assisting crime victims, witnesses and significant others in reconstructing their lives through advocacy, support, information and referrals.
717-780-7075
25 S. Front St., 7th floor,
Harrisburg
www.victimwitness.org

YWCA of YORK/VICTIM SERVICES

www.ywcayork.org
Sexual violence, 800-422-3204 or 717-854-3131
Domestic violence, 800-262-8444 or 717-846-5400

VOLUNTEER

(See also EDUCATION FOR ADULTS and MENTORING)

HABITAT FOR HUMANITY OF THE GREATER HARRISBURG AREA

717-545-7299
900 S. Arlington Ave., #131A,
Harrisburg
www.harrisburghabitat.org

LEND A HAND

A local disaster response and assistance program.

717-731-8888

2601 n. Front St. Suite 107,
Harrisburg

www.lendahand.net

MENNONITE DISASTER SERVICE

Volunteer network of Anabaptist churches that responds to those affected by disasters in Canada and the United States.

717-735-3536

800-241-8111

583 Airport Road, Lititz

www.mds.mennonite.net

RSVP OF THE CAPITAL REGION

Promotes seniors as powerful contributors to our neighborhoods and community organizations that desperately need additional human resources.

717-541-9521

50 Utley Drive, Suite 500, Camp Hill

www.rsvpcapreg.org

UNITED WAY OF THE CAPITAL REGION

Volunteer Center program's mission is to advocate for volunteerism and serve as a clearinghouse for volunteer opportunities and needs in Dauphin, Cumberland and Perry counties.

717-732-0700

2235 Millennium Way, Enola

www.uwcr.org

VOLUNTEERS OF AMERICA PENNSYLVANIA

A ministry of service providing people in need with support skills and tools that lead to individual empowerment, self-sufficiency and stability.

717-236-1440

2112 Walnut St., Harrisburg

www.voapa.org

WOMEN

(See also CHILDREN, MEDICAL and PREGNANCY SERVICES)

BABIES

(Healthy Baby Helpline)

Pennsylvania Department of Health

Provides information to those who are pregnant or think they may be pregnant.

800-986-BABY

BABY LOVE

Provides free services designed to meet the physical, emotional, and social needs of individuals who are struggling with addictions.

Program is part of Hamilton Health Center.

866-530-2229

www.babylove.hamiltonhealthcenter.com

BETHANY CHRISTIAN SERVICES

If you are pregnant and don't know what to do, Bethany can provide free, confidential support to help you determine your path forward.

(Harrisburg location)

717-238-3549

2101 N. Front St., Building 1, Suite 201, Harrisburg

www.bethany.org

BRIDGE OF HOPE HARRISBURG AREA

Vision is for communities in both Dauphin and Cumberland counties where no family is homeless.

717-635-5957

PO Box 15212, Harrisburg 17105

www.harrisburg.bridgeofhopeinc.org

COMMUNITY CHECK UP-CENTER

Provides comprehensive healthcare to women and children in South Harrisburg as well as the Tri-County area. No one is ever denied services due to lack of insurance or an inability to pay.

717-233-1700

38C Hall Manor

www.communitycheckupcenter.org

EVERGREEN HOUSE (Catholic Charities)

Provides a safe, secure, nurturing environment for women recovering from addiction.

120 Willow Road, Suite B, Harrisburg

717-412-4594

www.cchbg.org

FAMILY HEALTH COUNCIL OF CENTRAL PA.

Works with hospitals, federally funded community health centers, free-standing clinics, direct-service agencies, WIC centers, HIV/AIDS service organizations, and other community-based organizations to provide services to thousands, who might otherwise go without needed care.

717-761-7380

www.fhccp.org

YORK INTENSIVE FAMILY SERVICES

Provides free life-affirming solutions to any woman or man facing an unexpected or unplanned pregnancy throughout the pregnancy until the child turns one.

717-843-7986

253 E. Market Street, York

LIGHTHOUSE OUTREACH CENTER

An interdenominational ministry that outreaches to both churched and unchurched women in need of transitional housing.

717-236-0735

1839 Market St., Harrisburg

www.lighthouseoutreachhbg.org

LIFEPATH CHRISTIAN MINISTRIES

Operates programs for women and children.

717-845-7662

363-373 West Market Street, York

www.lifepathyork.org

LOURDESHOUSE MATERNITY HOME

(Catholic Charities)

Provides specialized, comprehensive maternity care and residential services to women in need in South Central Pennsylvania.

717-412-4865

120 Willow Road, Suite A., Harrisburg

www.cchbg.org

35 S. Union St., Middletown

717-944-3888

www.morningstarclinics.com

PENNSYLVANIA COMMISSION FOR WOMEN

Responsible for advising the Governor on policies and legislation that impact women.

717-772-3880

www.governor.pa.gov/about/pennsylvania-commission-for-women

PLANNED PARENTHOOD

One of the nation's leading providers of high-quality, affordable health care, and the nation's largest provider of sex education.

Harrisburg Medical Center

1514 North Second Street, Harrisburg

717-234-2468.

Lancaster Medical Center

31 S. Lime St., Lancaster

717-299-2891

York Medical Center

728 Beaver St., York

717-845-9681

www.plannedparenthood.org

THE PROGRAM

“It's About Change”

Serves and supports individuals involved with the criminal justice system, primarily women and children, to prevent recidivism and promote productive lives.

717-238-9950

1515 Derry St., Harrisburg

www.theprogramhbg.org

REENTRY

AMIRACLE4SURE, INC.

Provides reentry supportive services for families impacted by the criminal justice system.

717-232-0100

1735 State Street

Harrisburg, PA 17103

BREAKING THE CHAINZ, INC.

Provides reentry services including housing, mentoring, case management services.

717-525-9448

2134 N. Sixth St.

Harrisburg, PA 17110

CAPITAL REGION EX-OFFENDERS SUPPORT COALITION

Employment, housing, mentoring for formerly incarcerated.

717-418-1702

CENTER FOR EMPLOYMENT OPPORTUNITIES

Job coaching, job development, transitional employment for formerly incarcerated adults.

717-480-9367

100 N. Cameron St.

Harrisburg, PA 17101

THE PROGRAM, IT'S ABOUT CHANGE

Reentry services including family reunification, housing, mentoring and workforce development.

717-238-9950

1515 Derry St.

Harrisburg, PA 17104

TRI-COUNTY OIC

Reentry programs for former and current inmates transitioning into the community.

717-238-7318

500 Maclay St.

Harrisburg, PA 17110

SOUND COMMUNITY SOLUTIONS (SCS, INC.)

Reentry and Family Services

2100 North Front Street

Building 2, Suite 321

Harrisburg, PA 17109

717-961-9740

TRANSPORTATION

RABBIT TRANSIT

Customer Service Information:
Phone: 1-800-632-9063
PA Relay: 7-1-1 (for individuals
with a hearing or speech disability)
Capital Region Main Office
Hours:
901 N. Cameron St, Harrisburg,
PA 17101
www.rabbittransit.org

CENTER FOR COMMUNITY BUILDING, INC.

3525 North 6th St. Harrisburg
717-232-7009
800-309-8905
Emergency number
717-903-1345
Medical Assistance Transportation
Program

OTHER HELP

NORTHERN DAUPHIN HUMAN SERVICES CENTER

Children and Youth Services; Area
Agency on Aging; Department of
Drug and Alcohol; and numerous
providers.
717-905-2700
877-893-3344
295 State Drive, Elizabethville
www.dauphincounty.gov

UPPER DAUPHIN HUMAN SERVICES CENTER

717-453-9352
727 Main Street
Lykens, PA 17048
www.upperdauphinhumanservices.com

UNITED WAY OF THE CAPITAL REGION

Road to Success helps you get –
and keep – a job where you can
earn a living wage. Case managers
guide you every step of the way
and can assist you with available
jobs, transportation, childcare and
more.
roadtosuccess@uwcr.org
717-732-0700
2235 Millennium Way, Enola

TRI COUNTY COMMUNITY ACTION

Early Childhood and Family
Development
Housing Services
Employment, Education, and
Financial Empowerment
Community Development
717-232-9757
www.cactricounty.org
1514 Derry Street
Harrisburg, PA 17104