

MH/ID Website descriptions

The **Bridge Program** is a pilot program developed in collaboration with CBHNP, Dauphin County MH/ID, Crisis Intervention, Case management entities, and our local inpatient Behavioral Health Unit at PPI “Pennsylvania Psychiatric Institute”. The pilot was developed to address the high risk and rate of re-hospitalizations within 30 days of discharge from inpatient psychiatric units. Additionally the bridge program will be able to identify and address the barriers individuals experience in following through with outpatient treatment and supportive services. The Bridge program provides additional face to face and/or telephone contact to individuals who are in the community that have not been successfully connected to case management and/or outpatient services following discharge from an inpatient psychiatric unit. The focus of the program is to have an intake successfully completed at CMU and be open in MH the system, to review and support individuals in implement their discharge plan as well as assessing how individual is doing since discharge and if appropriate to divert individual that are seeking re-hospitalization. Bridge follow up occurs within 7 days of discharge for individuals not connected with case management services and those already open in administrative case management. If individuals have private insurance or already have targeted case management they would not be referred to the Bridge Program. The case management entities, Crisis Intervention and PPI work collaboratively to assure that bridge referrals are made and received with consent of the individual and followed up is ongoing until successfully engaged in their outpatient treatment by attending their first appointment and being open in the MH system. This program was developed to improve engagement with individuals and to address the barriers to successfully following through with needed mental health services and/or case management following discharge. When individuals are successfully supported and engaged in services they are then empowered to determine the direction of their recovery journey.

The Dauphin County Community Support Program (CSP) is a coalition of mental health consumers, family members and professionals working to help adults with serious mental illness and co-occurring disorders to live successfully in the community.

CSP’s mission and Vision is to see that all Dauphin County adults with a serious mental illness as well as those with co-occurring disorders and their family members will have the skills, relationships, and environments they need to reach their full potential as individuals and Dauphin County citizens. We will strive to have a Recovery-Oriented Mental Health System integrated throughout Dauphin County that will facilitate hope empowerment, and provide easy access to comprehensive services and supports.

CSP Principles are as follows:

- Consumer Centered
- Culturally Competent
- Designed to Meet Special Needs
- Community Based/ Natural Supports

- Flexible
- Accountable
- Strengths Based

The CSP committee's goals are to define the needs and develop priorities, advise and advocate on the needs and priorities on behalf of consumers in Dauphin County to Dauphin County MH/ID, and report and advocate for the needs and priorities of Dauphin County to the Regional CSP Committee.

The CSP Committee meets every month, the second Wednesday of the month at 10:00am at CMU 1100 South Cameron Street Harrisburg, PA 17110

If you are interested in becoming involved with CSP, please feel free to contact us via The Dauphin Clubhouse at (717)-221-9610 or email us at dauphincountycsp@gmail.com